

Church directs that the pastor is to offer the Divine Liturgy for the people of the parish entrusted to him on Sundays and days of precept [holy days of obligation]" (canon 294). This liturgy intention for all parishioners is "For the Intention of Parishioners." The faithful who attend the Divine Liturgy for the parishioners who participate, according to their state, in praying for that intention. We can continue this prayer for one another during the week by remembering several parishioners and families each week. Please remember this week: Deacon Peter and Carren Turko, Michael and Amy Tysarczyk & family, Lawrence and Johanna Urgo & family, Jennifer and David Valek & family, Lynn Valko, Anthony Vara, John Vernoski, and from the Mission, Thomas Klimkosky.

First Week of the Great Fast. The Great Fast begins tomorrow. In the traditional fast today is the final day to consume meat before Pascha, hence the name Cheese-fare[well] Sunday. However, this farewell to meat and the rest of the fasting discipline to come is not to be seen as a sadness but as we doing as the prodigal son "coming to his senses" so we fast and take on the diet of the Garden of Eden which Adam and Eve lost by not fasting. This Sunday is the fourth of four Sundays contained in the liturgical book, the Lenten Triodion. It is difficult to begin any task with a cold start. The holy fathers knew this and established a series of several Sundays to gradually prepare us for the beginning of the Great Fast. This Sunday has two aspects, it is called Forgiveness Sunday from the words of our Lord in the gospel appointed today, "If you forgive others their sins, your heavenly Father will forgive your sins." A Ceremony of Forgiveness is observed after Sunday evening Vespers so that by this

ritual we can forgive one another and be able to receive God's forgiveness. It also commemorates the Expulsion of Adam and Eve from the Garden of Eden. This exile from the original home of humans is prayed in the stichera and hymns of Vespers and Matins of this Sunday. The first of the hymns are composed in the first person, so when we pray them it is as if I am speaking as Adam and as Eve and lamenting that I have lost my home by our sin. The hymns for Vespers and Matins then examine sin and its effects. Finally, in the prayers we admit that we have sinned—we have partaken of the fruit of the Tree of Good and evil—so that we can confess our sins, receive absolution, and be admitted again to Paradise and allowed this time to partake of the Tree of Life. We understand that the Tree of Life is the cross of our Lord and its fruit is His Sacred Body. We also realize that the tomb of our Lord was in a garden—reminding us that the fruit of the Tree of Life is shared from the restored Garden of Eden where the empty tomb of Christ is.

Aliturgical Days. Weekdays during the Great Fast are aliturgical days, days on which the Divine Liturgy is not celebrated. Since the Divine Liturgy re-presents the crucifixion and death of our Lord but also His resurrection, Divine Liturgy was only celebrated on Saturdays and Sundays during the Great Fast. Presanctified Liturgy was devised as a means where Holy Communion consecrated on Sunday would be distributed on Wednesdays and Fridays, so that as we fast from food and sin, we can receive the Holy Eucharist more frequently.

Strict Fast. Tomorrow, the first day of the Great Fast, and Great Friday are days of strict fast, that is, no meat or meat products and no milk or dairy products are

consumed. Expectant mothers are exempt from the strict fast. Those who have special needs should see the pastor who can mitigate the fast to pious practices or release from the precepts of the fast.

Day of Abstinence. Wednesdays and Fridays during the Great Fast are days of abstinence, that is, no meat or meats products are consumed.

Blessing of the Koliva. Koliva is blessed Friday evening at Presanctified Liturgy for the feast on Saturday of St. Theodore the Recruit. Koliva is boiled with honey and fruit. Theresa Palenski is preparing the koliva for the blessing and distribution. During the reign of Emperor Julian the Apostate, the emperor knew the Christians would be hungry from fasting during the first week of the Great Fast so he ordered all the food sold in the marketplaces to be sprinkled with blood from the pagan sacrifices, making it unfit for Christians to consume. The Great-martyr Theodore the Recruit appeared to Archbishop Auxentios of Constantinople and directed him to have the people boil wheat and mix it with honey to sustain them. The wheat is a reminder of the Lord Jesus' words, "Unless a grain of wheat falls to the earth and dies, it remains a grain of wheat. But if it dies it brings forth much fruit" (John 12:24).

The Ladder of Divine Ascent. Monks and Nuns have as a spiritual discipline to read the Ladder of Divine Ascent by St. John Climacus, the hegumen of the Monastery of St. Catherine on Mt. Sinai during the forty days of the Great Fast. Saint John Climacus is commemorated on the Fourth Sunday of the Great Fast. The text of the Ladder is available on line and the schedule for the daily reading are available in the narthex.

PARISH ANNOUNCEMENTS

ELG Lenten Dinners Begin. Lenten Dinners, sponsored by Epiphany Ladies Guild, begin this Friday, March 8th in the Parish Center. Join your fellow parishioners and local community and observe the fast. The menu includes a choice of one of two homemade meatless soups, pirohi, halushki, salad, and dessert. Eat in or carry-out is available from 5-7PM. Support the charities and good works of the Ladies Guild, complete the fasting week with traditional fast food, and pray Presanctified Liturgy after Lenten Dinners at 7:30 PM. If you wish to volunteer to help, the sign up sheet and the categories of duties is on the doors of the storage room in the Parish Center.

EMC Coffee Klatch. The EMC executive committee will be providing an update to men from our parish today Sunday, March 3, 2019, between liturgies. The goal is to engage current and potential members who are unable to attend the meetings by providing a review of activities discussed from the most recent EMC meeting. This is also an opportunity for those men to offer up suggestions for the good of the order. It is planned that these updates will occur the Sundays before the upcoming EMC meetings.
- Yours in the service of our God, EMC officers

End of Year Giving Statements. The end of the year giving statements for 2018 have been mailed out and should have arrived at your mailbox. If you have donated \$110 or more and have not received a giving statement, please notify the parish office.

ELG Meeting. The next meeting of Epiphany Ladies Guild is Monday, March 4th.

Light refreshments will be served at 7:00 PM with the meeting following at 7:30 PM. All ladies of the parish are encouraged to attend.

Lenten Dinner sign-up sheet has been posted, there are still volunteer opportunities available!

EMC Meeting. Epiphany Men's Club will meet this Thursday, March 7th in the parish center. Dinner will be served at 7:00 PM with the meeting following at 7:30 PM.

EPARCHIAL ANNOUNCEMENTS & OTHER ANNOUNCEMENTS

Bishop's Appeal 2018. The Bishop's Appeal 2018 began October 1, 2018 to December 31, 2018. Parishioners should have received Pledge Cards and a letter from the bishop in the mail. The goal for Epiphany church Annandale is \$19,800, the same as last year. As of December 31, 2018, the report from the Eparchy of Passaic lists that parishioners of Epiphany have pledged \$18,265. As in previous years, when a parish meets its goal it will receive 40% reversion Pledges and donations can still be made during 2019 for the 2018 Appeal although the amounts must be claimed by the donors for the 2019 tax year. If you have not yet pledged please consider doing so in order that our parish might receive its 40% reversion, especially since we are so close to our assigned goal. The reversion will be used to fund the list of repairs: the parking lot, foundation waterproofing, and planning chapel a/c obsolescence.

Eparchy of Parma Jubilee. The Eparchy of Parma was canonically established fifty years ago, February 21, 1969. The Eparchy will observe the anniversary June 20-22, just prior to the feast of the Nativity of Saint John the Baptist, the patron of the cathedral church in Parma, Ohio. At that time, Parma will host a full-day pastoral theology workshop June 20, on the theme, "Cultivating Life in Christ." The workshop, presented by the Intereparchial Vocations Commission, is open to all clergy of the Byzantine Ruthenian Metropolitan Church of Pittsburgh. It aims to offer tools for preaching, pastoral ministry and vocational discernment in the Byzantine tradition. This will be followed by a pilgrimage for families and youth will be held in the Cleveland-Parma area June 21, followed by an all-night vigil at the Cathedral of St. John the Baptist. A Hierarchical Divine Liturgy and reception will be held June 22 at 11 a.m. at the cathedral. More information to follow. The parish bulletin contains several announcements of events in their golden anniversary year.

Sunday of Cheesefare

COMING EVENTS

(see inside for details)

- Byzantine Spirituality
- Bishop's Appeal Update
- Lenten Dinners
- EMC Coffee Klatch Today
- EMC Meeting
- ELG Meeting

EMC BINGO	
03/05/19	Team A
03/12/19	Team B
03/19/19	Team C
03/26/19	Team D
http://EMCBINGO.com	

March 3, 2019

TITHING & GIVING

Parish Donations – February 24, 2019

Adults	\$3157.00
Children	\$7.00
Building Fund	\$965.00
School of Religion	\$86.00
Candles	\$134.85
Flowers	\$10.00
Holy Days	\$5.00
BCY	\$5.00
ECL	\$12.00
Byzantine Missions	\$5.00
St. Nicholas Fund	\$344.00
TOTAL	\$4,730.85

"Remember then, it is the Lord, your God, who gives you the power to acquire wealth." (Dt. 8:18)

LITURGY AND LIFE

Prayer Intentions. Please remember in prayer: Michael Mikulak, David Sayen, Mary McDonnell, Justine Ferrari, Louis Shanks, Caroline Zurun, Mary Beth Vieira, Irene Markovich, George Semonick, Mary Gaydos, Betty Markovchick, Jeffrey Sesok, John Vernoski, and Marge Rusnak. Please pray for these friends and relatives of parishioners: Shirley Anne Markham, Jeffrey Mikulak, Francine O'Leary, Russell Plasha, Tim O'Leary, Joanne Gaudino, Patricia Delfine, Rev. Joseph Jugan, Steven Goula, Fr. Conan Timoney, Eileen Gray, James Seman, Fr. Lee Gross, Mike Shuster, James Williamson, Greg Starr, Florence Kunder, Ed Livingston, Richard Doering, Julia Zdynak, Mary Catharine Bishop, Tim Berty, Joyce Rose, Ethan Augliera, Krista Brazzill, Jean Figel, and Doris Stender, aunt of Emil Koval.

Prayers for our Parishioners. The particular law of the Byzantine Ruthenian Metropolitan



EPIPHANY OF OUR LORD

Byzantine Catholic Church

3410 Woodburn Road, Annandale, VA 22003

Phone: 703-573-3986 --- Fax: 703-573-0344

Very Rev. John G. Basarab - Pastor

Glory to Jesus Christ!
Glory Forever!

March 3, 2019

Slava Isusu Christu!
Slava Na Viki!

DIVINE LITURGY SCHEDULE

SUNDAY OF CHEESEFARE

Mar. 03 Sun.	8:00 AM	+Malcom Ryan by Epiphany Men's Club
	10:30 AM	Intention of Parishioners
	5:00 PM	Forgiveness Vespers for the beginning of the Great Fast

First Week of the Great Fast

Mar. 06 Wed.	7:30 PM	Liturgy of Pre-sanctified Gifts
Mar. 08 Fri	7:30 PM	Liturgy of Pre-sanctified Gifts

SAINT THEODORE THE RECRUIT

Mar. 09 Sat.	10:00 AM	+Cynthia Bond by Hogan Family
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FIRST SUNDAY OF THE GREAT FAST

Mar. 10 Sun.	8:00 AM	Intention of Parishioners
	10:30 AM	+Julia Hancher by Children & Grandchildren

ALTAR SERVER SCHEDULE – March 10, 2019

Mar. 10 Sun.	8:00 AM	J. Cooke (L), J. Hughes, T. Hughes, J. Lampl
	10:30 AM	G. Naccash (L), J. Cassella, A. Naccash, J. Naccash

USHER SCHEDULE – March 10, 2019

Mar. 10 Sun.	8:00 AM	J. Susco (L), T. Susco, B. Wargo
	10:30 AM	T. Soyka (L), T. Fazio, M. Kernich

EPIPHANY OF OUR LORD Byzantine Catholic Church The Sacraments – Our Life in Christ

Mysteries (Sacraments) of Initiation - (Baptism, Chrismation, Holy Eucharist). We follow the command of the Lord to baptize in the name of the Father, Son, and Holy Spirit (Matthew 28:19). Chrismation (Confirmation) and Holy Eucharist (First Holy Communion) is imparted at the same time immediately following baptism

Mysteries (Sacraments) of Initiation of Infants – is scheduled at the Divine Liturgy on Saturdays or Sundays during the year except certain fast periods. Sponsors must be Catholics in good standing and supply a sponsor card attesting to that from their parish. While two Catholics in good standing is usual, one baptized non-Catholic can function as a Christian Witness with the Catholic sponsor. Both must be at least sixteen years of age. Details are available at the parish office.

Mysteries (Sacraments) of Initiation of Adults – follows a period of catechumenate. This is a period of spiritual formation. Please see the priest or deacon.

Mystery (Sacrament) of Crowning in Marriage – According to the Pastoral Policy and Guidelines for Marriage Preparation for the Catholic Church in New Jersey, couples wishing to marry must inform the pastor one year before the date of the wedding and be free to marry in the Catholic Church. Couples will meet with the priest and deacon in four sessions – to begin the pre-nuptial investigation, to take FOCUS, a communications, values and religious inventory approved for use in the Catholic dioceses/eparchies, to complete the pre-nuptial investigation and for a session on the theology of the mystery (sacrament). They are also required to attend Pre-Cana or Engaged Encounter.

Mystery (Sacrament) of Repentance – The Mystery (Sacrament) of Repentance is regularly available each Saturday 11:30 AM – 12:00 Noon. In addition, confessions are heard during the Christmas Fast (Advent) and the Great Fast (Lent) on Sundays between the Divine Liturgies. Visiting confessors are also scheduled at special times during the Great Fast. Confessions are also heard on Monday, Tuesday, and Wednesday of Great and Holy Week to prepare for the observance of the Lord's Resurrection.

Anointing of the Sick – Parishioners who are seriously ill and those with life endangering medical conditions as well as those who are to undergo surgery should avail themselves of the sacrament of penance and anointing of the sick. If surgery is scheduled, please consider confession and anointing at the church before entering the hospital since there is more privacy for confession and less chance of interruption for confession and anointing. If you are unable to come to church, please call the rectory. Families of parishioners who have a medical emergency should contact the rectory office so one of the priests can go the hospital.

Holy Communion and Visitation of the Sick – Holy Communion is brought to our parishioners who are ill at the hospital or at home by the deacon on Sundays and at other times by arrangement. Please contact the deacon or the rectory office by Friday prior to the Sunday communion visitation.

Funeral Services – The Office of Christian Burial is offered in ways to accommodate the needs of the family. The Epiphany Ladies Guild as part of their charity offers a Mercy Meal for families at the Parish Center following the interment. Epiphany of our Lord cemetery is a portion of Fairfax Memorial Park. Parishioners who are interested in purchasing cemetery plots should see the deacon.

Byzantine Catholic Mission of Montgomery County - Divine Liturgy: Sunday 10:00 AM; Religious Education & Social Hour 11:15-12:15; 20501 Goshen Road, Gaithersburg, MD; (301) 482-0282.

Parish Administration

"The Church is not an organization with sacraments but a sacrament with organization."

Parish Clergy

Very Rev. John G. Basarab, Pastor
Deacon Elmer Pekarik, Deacon Peter Turko

Parish Office Staff

Jamie Bacigalupi, Administrative Assistant
Diane Dougherty, Financial Assistant

Parish Council of Administration

Emil Koval, Greg Puhak, Sally Green

Parish Office Hours: 10:00 AM to 2:00 PM Monday- Friday

9:30 AM - 12:30 PM Sunday

School of Religion - School of Religion classes meet on Sundays between Liturgies (9:20 AM - 10:20 AM) throughout the school year (September - June). Classes are offered for children grades Preschool & Kindergarten - High School

Announcements may be dropped off in the Parish Office, faxed to the office (703-573-1088) or email to epiphanyofourlord@verizon.net.

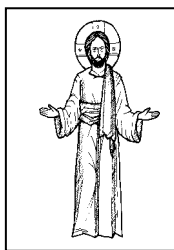
Registration - Individuals who wish to register in the Parish should stop by the Parish Office and complete a census form.

Epiphany of Our Lord Church, Annandale, VA

<http://www.eolbcc.org>

Epiphany of Our Lord does not conduct pastoral business on the website email.

Meditation on Today's Readings



Sunday of Cheesefare (Sunday of Forgiveness)

"If you forgive others their transgressions, your heavenly Father will forgive you."
Matthew 6:14-21

The gospel appointed for this Sunday that immediately precedes the beginning of the Great Fast can be understood only by referring to the gospel appointed for the Saturday prior. It is part of the Sermon on the Mount in which Jesus explains prayer, fasting and works of love or charity. The holy fathers have divided up the gospel passage, appointing half for Saturday and half for Sunday.

The half appointed for Saturday is the part of the Sermon in which Jesus teaches the way to achieve acts of charity and then teaches how His disciples must pray by teaching them the Our Father.

The second half appointed for Sunday begins with the verse immediately after the completion of the Our Father which it explains by requiring God's sons and daughters to forgive each other as their Father forgives them. It continues with Jesus explaining how to fast. So, the entire passage is the teaching by Jesus for the need of forgiveness which is the purpose of the Great Fast and then about prayer, fasting and almsgiving, the three practices of the Great Fast. The remarkable aspect is that all these are included in the Our Father. The Great Fast then is to restore us as sons and daughters of God and so it is a time both of contrition and joy.

In the Sunday gospel Jesus teaches that we, God's sons and daughters, must always forgive in order to receive God's forgiveness. Like God we must forgive the trespasses of others even before those others ask. Then when the others apologize and ask for forgiveness, they partake of the blessing of God's and our forgiveness. If we do not forgive because we hate the other, we destroy ourselves by seeking to destroy the other. Seeking God's forgiveness and the forgiveness of those we hurt while freely forgiving those who hurt us is the way of humility that gives us vigilance to not offend God and sin against others again.

Next Jesus speaks about the need to fast. Those who call attention to their fasting and works of charity he calls hypocrites (the Greek word hypocrite meant an actor). Jesus teaches that fasting must not be an act or done because others are doing it but rather must be a true sign of repentance that leads to receiving God's forgiveness and therefore is a reason for a quiet joy. Saint John Chrysostom said, "What good is it if we abstain from eating birds and fish, but bite and devour our brothers?" The fast reveals to us that if we can fast from food we can fast from sin.

Jesus finally sums up His teaching by a direct and simple precept, "Where your treasure is, there your heart will be also" (Matthew 6:21). The meaning of discipleship is to free ourselves from the bonds to earthly things and attach ourselves to God, our true and only treasure.

...you know the time; it is the hour now for you to awake from sleep...Put on the Lord Jesus Christ and make no provisions for the flesh...The one who eats must not despise the one who abstains...Who are you to pass judgment on someone else's servant? Before his own master he will stand or fall. And he will be upheld, for the Lord is able to make him stand. Romans 13:11-14:4

Christ came into the world by His incarnation in the womb of the ever-Virgin Mary. He also comes to souls by His grace in the sacraments, and at the end of time He will come as Judge. Rising like the sun, He dispels darkness by His comings. The night is life in this world, especially when under the influence of sin and evil. Saint Paul says that Christ's followers are people of the day that His comings bring. They should not be planning for life in this world of night but planning for the day without night that Christ's second coming will bring by proper behavior that is consonant with a desire to meet the Lord. We are reminded that at baptism we

PARISH USTAV

The Order for the Divine Liturgy
for
Sunday of Cheesefare

PLACE RIBBONS AT:

BLUE	p. 11	Mark and Follow Ordinary Parts of the Divine Liturgy
GREEN	p. 161	Resurrection Tone 8
YELLOW	p. 218	Sunday of Cheesefare

ALL MELODIES FOR THIS SUNDAY ARE: D

Except: We Praise You
Alleluia
Communion Hymn A

1. The Divine Liturgy begins on p. 11 GREEN
2. Sunday Antiphons
3. At the Troparia:
Troparion of the Resurrection Tone 8 p. 161 GREEN
Kontakion of Cheesefare Tone 6 p. 218YELLOW
5. Scripture readings:
Prokeimenon of Cheesefare Tone 8 p. 219 YELLOW
Epistle: Romans 13:11-14:4
Alleluia of Cheesefare Tone 6 p. 219 YELLOW
Gospel: Matthew 6:14-21

ONLY-BEGOTTEN SON – JEDINORODNYJ SYNE

Slava Otcu i Synu i Svjatomu Duchu, i nyňi i prisno, i vo v'iki v'ikov. Amiň. Jedinorodnyj Syne, i Slove Božij, bezsmerten syj, i izvolivyj spasenija našeho radi voplotitisja ot svjatyja Bohorodicy i prisno-d'ivy Mariji, nepreložno vočelov'ičivysja, raspnysja že, Christe Bože, smertiju smert' popravjy, jedin syj Svjatyja Trojcy, sproslavl'ajemyj Otcu I Svjatomu Duchu, spasi nas.

SVJATYJ BOŽE – HOLY GOD

Svjatyj Bože, Svjatyj Kr'ipkyj, Svjatyj Bezsmertnyj, pomiluj nas. (3)
Slava Otču, i Synu, i Svjatomu Duchu, i nyňi i prisno, i vo v'iki v'ikov. Amin.
Svjatyj bezsmertnyj pomiluj nas.
Svjatyj Bože, Svjatyj Kr'ipkyj, Svjatyj Bezsmertnyj, pomiluj nas.

IŽE CHERUVIMY – LET US WHO MYSTICALLY

Iže Cheruvimy tajno obrazujušče, i životvorjasščej Trojc'i trisvjatuju p'isň prinosjasšče, vsjakuju nyňi zitejskoje otveržim pečal'.

Amiň. Jako da Carja vs'ich podimem, anhel'skimi nevidimo dorinosima činmi. Allilua. Allilua. Allilua.

SVJAT, SVJAT, SVJAT – HOLY, HOLY, HOLY

Svjat, svjat, svjat, Hospod' savaoth, ispolň nebo i zeml'a slavy Tvojeja: osanna vo vyšnich, blahosloven hrjadyj vo imja Hospodne, osanna vo vyšnich.

TEBE POJEM – WE PRAISE YOU

Tebe pojem, Tebe blahoslovim, Teb'i blahodarim, Hospodi, i molimtisja Bože naš.

OTČE NAŠ – OUR FATHER

Otče naš, iže jesi na nebes'ich, da svjatitsja imja Tvoje. Da prijedet carstvije Tvoje, da budet vol'a Tvoja, jako na nebesi, i na zemli. Chl'ib naš nasuščnyj dažd nam dnes'. I ostavi nam dolhi naša, jakože I my ostavl'ajem dolžnikom našim. I ne vvedi nas vo iskušeniye, no izbavi nas ot lukavaho.

VID'ICHOM SVIT ISTINNYJ – WE HAVE SEEN THE TRUE LIGHT

Vid'ichom svit istinnyj, i prijachom Ducha nebesnaho, obr'itochom v'iru istinnuju, nerazd'ilnij Svjat'ij Trojc'i poklanjajemsja, T'a bo nas spasla jest

DA ISPOLŇATSJA – MAY OUR MOUTH BE FILLED

Da ispolňatsja usta naša chvalenija tvojeho Hospodi, jako da pojem slavu tvoju, jako spodobil jesi nas pričastitsja svjatym tvojim, božestvennym, bezsmertnym, i životvor'ascim Tajnam; utverdi nas Bože vo Tvojej svjatyni vsja dni poučatisja pravd'i Tvojej. Allilua!

put on Christ. All you who have been baptized into Christ have put on Christ. Now we have to live like Him. Saint Paul writes that the fasting laws guide us to disciplining ourselves. The fasting prescriptions are applied according to the strength of each person. Do not judge Saint Paul entreats. God only will judge each one. God will resurrect - make stand - His servants who lived in this life in imitation of the Lord Jesus who they desired to live with so greatly.

From Ignatius Study Bible: Matthew, The Navarre Bible: Matthew, and Fr. John S. Custer The Holy Gospel: A Byzantine Perspective

Children's Corner

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Because the time is short, we should spend our time wisely – shunning sin and serving God.

Arrange all the words of the verse in the crossword.
(Even though some words may be repeated in the poem they appear in the crossword only once.)



The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armor of light.

