

MORNING PRAYERS

[Morning prayers are taken from *The Byzantine Book of Prayer* pp 7-15 published with the imprimatur of the Metropolitan Archbishop and Bishops of the Byzantine Ruthenian Church in the United States by Byzantine Seminary Press and Alleluia Press in 1976. The prayer book is available from Byzantine Seminary Press. Its contents are an English translation of the classic prayer book, *Ch'lib Duši (Spiritual Bread – a reference to the words of our Lord “Man does not live by bread alone but by every word that comes from the mouth of God”)* of the Great Enlightener, Father Alexander Duknovich. These prayers are the shortened version of Morning Prayers as it appears in the complete form in *Velikij Sbornik (The Large Anthology)* of Father Andrew Popovich, 1877 and officially in the *Časoslov*, Rome 1962.]

+In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Glory to You, our God, glory to You!

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things. Treasury of Blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

+Holy God, holy and mighty, holy and immortal, have mercy on us. (*Three times*).

+Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

Most holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One come to us and heal our infirmities for your Name's sake.

Lord, have mercy. (*Three times*).

+Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

Our Father, who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom, and the power, and the glory, Father, Son, and Holy Spirit, now and ever, and forever. Amen.

Troparia of the Trinity

Awakening from sleep, we worship You, O blessed God, and offer the angelic hymn to You, O powerful Lord: Holy, holy, holy are You, O God! Through the intercession of Your heavenly hosts, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit:

O Lord, You have lifted me up from my bed and from sleep, now enlighten my mind, open my heart and my lips that I may sing to You, Holy Trinity: Holy, holy, holy are You, O God! Through the prayers of all Your saints, have mercy on us.

Now and ever, and forever. Amen.

The Judge shall come suddenly and the deeds of all shall be brought to light. In fear we cry out at the break of day: Holy, holy, holy are You, O God! Through the prayers of the Mother of God, have mercy on us.

Lord, have mercy. *(Twelve times).*

And this prayer:

Prayer to the Holy Trinity by Saint Basil the Great

Rising from sleep, I give thanks to You, O Holy Trinity, because of Your great goodness and endless patience. You did not become angry with me, a slothful and sinful being, nor did You destroy me because of my transgressions. But, as always, You have shown Your love for mankind and have raised me up as I lay in despair so that I might recite the prayers of the morning and sing the praises of Your power. And now, enlighten the eyes of my understanding so that I may meditate on Your words, understand Your commandments, and accomplish Your will. Open my mouth so that I may sing to You in sincere praise, and that I may proclaim Your most holy Name, Father, Son, and Holy Spirit, now and ever, and forever. Amen.

Then,

+Come, let us worship our King and God.

+Come, let us worship Christ, our King and God.

+Come, let us worship and bow before the only Lord Jesus
Christ the King and our God.

Psalm 50:

Have mercy on me, God, in your kindness.
in your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin.

My offences truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done.

That you may be justified when you give sentence
and be without reproach when you judge
O see, in guilt was I born,
a sinner was I conceived.

Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom
O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,
that the bones you have crushed may thrill.
From my sins turn away your face
and blot out all my guilt.

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit.

Give me again the joy of your help;
with a spirit of fervour sustain me,
That I may teach transgressors your ways
and sinners may return to you.

O rescue me, God, my helper,
and my tongue shall ring out your goodness.
O Lord, open my lips
and my mouth shall declare your praise.

For in sacrifice you take no delight,
burnt offering from me you would refuse,
My sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.

In your goodness show favour to Zion:
Rebuild the walls of Jerusalem.
Then you will be pleased with lawful sacrifice,
(burnt offerings wholly consumed),
then you will be offered young bulls on your altar.

+Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever, and forever. Amen.

The Symbol of Faith

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. he was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven, and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of life, who proceeds

from the Father. Together with the Father and the Son he is worshipped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

Then,

The First Prayer
by Saint Macarius

O God, cleanse me, a sinner, for I have done but little good before You. Deliver me from evil, and may Your will be done in me so that I may open my lips without blame and praise Your holy Name, Father, Son, and Holy Spirit, now and ever, and forever. Amen.

The Second Prayer
by Saint Macarius

Awakening from sleep, I offer You, O Savior, a hymn at the break of day. Bowing before You, I exclaim: Do not allow me to die in sin. Instead, O Lord, who was willingly crucified, have mercy on me. O Christ our God, raise me up, strengthen me in prayer and perseverance, and, after the night's sleep, grant me a day without sin and save me.

The Third Prayer
by Saint Macarius

Awakening from sleep I hasten to You, O Master and Lover of mankind. As I, through Your mercy, begin to fulfill my duties to You, I beseech You: aid me every minute and in every deed. Deliver me from every worldly, evil thing and every impulse of the devil and save me and lead me to Your eternal kingdom. You are my Creator and the Giver of every blessing. In You I trust, and to You I give praise, now and ever, and forever. Amen.

A Prayer to God the Father
by Saint Basil the Great

O Lord almighty, God of powers and of all flesh, You dwell on high but watch over the humble; You search the heart and the innermost being of humans and clearly perceive their secrets. O Eternal and ever-existent Light, in You there is no change nor even a shadow of change. O Immortal King, accept our prayers which at this present moment depend upon the multitude of Your mercies and which we offer to You from defiled lips. Forgive our transgressions committed in word, deed, or thought, committed with knowledge or through thoughtlessness. Cleanse us from every kind of defilement of body and soul; and grant that we approach all the nights of this present life with a watchful heart and sound judgment, awaiting the glorious coming and day of revelation of Your only-begotten Son, our Lord, God, and Savior, Jesus Christ, who will come with glory as Judge of all, granting to everyone according to their works. Let us not fall and become slothful, but rather on guard and ready for action. Let us turn from our former ways and be ready to joyfully accompany Him into the divine innerchamber, where the sound of festive voices never ceases, and where there is indescribable delight in those who behold the inexpressible goodness of Your countenance. For You are the true Light that enlightens and sanctifies all things; and all creation praises You forever and ever. Amen.

Prayer to my Guardian Angel
by Saint Peter the Studite

O Holy Angel of Christ: in homage I come to you, my holy guardian who, since my baptism, have been assigned to me to protect my sinful body and soul. I beseech your powerful intercession. I have often offended you by my indolence and bad habits. You are most pure in your radiance, and I have often driven you away by my sins. But prostrating myself before you, my holy guardian, I beseech you, be merciful to me, your sinful and unworthy servant. Be my defender and aid me against my enemies through your holy intercession. And make me worthy to be a

partaker of the kingdom of God with all the saints, forever and ever. Amen.

Prayer to the Mother of God
by Saint Peter the Studite

O my most holy Lady and Mother of God, by your holy and all-powerful prayers, drive away from me, your humble and wretched servant, discouragement, forgetfulness, misunderstanding, carelessness; drive away all impure, wicked, and blasphemous thoughts from my bruised heart and clouded mind. Quench the flame of my passions because I am miserable and wretched. Save me from my numerous and evil thoughts and deeds; guard me from every wicked act, for you are blessed by all nations, and your honorable name is glorified, forever and ever. Amen.

Then:

It is truly proper to glorify you, O Theotokos, the ever-blessed, immaculate, and the Mother of our God. More honorable than the cherubim, and beyond compare more glorious than the seraphim; who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

+Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

+In the name of the Father, and of the Son, and of the Holy Spirit. Amen.